**Unidad 1.4: La comida**



**Vocabulario**

**To talk about breakfast**

**(en) el desayuno** (for) breakfast

**el cereal** cereal

**los huevos** eggs

**el pan** bread

**el pan tostado** toast

**el plátano** banana

**la salchicha** sausage

**el tocino** bacon

**el yogur** yogurt

**To talk about lunch**

**(en) el almuerzo** (for) lunch

**la ensalada** salad

**la ensalada de frutas** fruit salad

**las fresas** strawberries

**la galleta** cookie

**la hamburguesa** hamburger

**el jamón** ham

**la manzana** apple

**la naranja** orange

**las papas fritas** French fries

**el perrito caliente** hot dog

**el queso** cheese

**el sándwich de jamón y queso** ham and cheese sandwich

**la sopa de verduras** vegetable soup

**To talk about dinner**

**(en) la cena** (for) dinner

**el arroz** rice

**el bistec** steak

**la carne** meat

**la cebolla** onion

**los espaguetis** spaghetti

**las grasas** fats

**los guisantes** peas

**el helado** ice cream

**las judías verdes** green beans

**la lechuga** lettuce

**la mantequilla** butter

**la papa** potato

**el pastel** pastry

**el pescado** fish

**el pollo** chicken

**el tomate** tomato

**las uvas** grapes

**los vegetales** vegetables

**la zanahoria** carrot

**To talk about beverages**

**el agua** *f.* wáter

**la bebida** beverage

**el café** coffee

**el jugo de manzana** apple juice

**naranja** orange juice

**la leche** milk

**la limonada** lemonade

**el refresco** soft drink

**el té**  tea

**el té helado** iced tea

**To talk about eating and drinking**

**la comida** food, meal

**la merienda** snack

**beber** to drink

**comer** to eat

**compartir** to share

**To talk about being hungry and thirsty**

**Tengo hambre.** I’m hungry.

**Tengo sed.** I’m thirsty.

**To indicate a preference**

**(yo) prefiero** I prefer

**(tú) prefieres** you prefer

**deber** should, must

**To say that you like / love something**

**Me / te encanta(n) \_\_\_.** I / you love **\_\_\_**.

**Me / te gusta(n) \_\_\_.** I / you like **\_\_\_**.

**Other useful words**

**comprender** to understand

**con** with

**¿Cuál?** Which? What?

**más o menos** more or less

**por supuesto** of course

**¡Qué asco!** How awful!

**sin** without

**¿Verdad?** Right?

**To discuss health**

**caminar** to walk

**hacer ejercicio** to exercise

**(yo) hago** I do

**(tú) haces** you do

**levantar pesas** to lift weights

**para la salud** for one’s health

**para mantener la salud** to maintain one’s health

**To indicate agreement or disagreement**

**Creo que \_\_\_** I think **\_\_\_,** I believe **\_\_\_,**

**Creo que sí / no.** I (don’t) think so. I (don’t) believe so.

**(No) estoy de acuerdo.** I (don’t) agree.

**To ask a question or give an answer**

**¿Por qué?** Why?

**porque** because

**To indicate how often**

**nunca** never

**siempre** always

**todos los días** every day

**cada día** every day

**To express quantity**

**algo** something

**muchos, -as** many

**todos, -as** all

**To describe something**

**horrible** horrible

**malo, -a** bad

**sabroso, -a** tasty, flavorful